



Tomatis Method Orlando



What is Tomatis Method:

The Tomatis protocol is a set of listening therapeutic sessions designed to improve the auditory processing of persons who have some delay in development, social/emotional issues or associated condition. Traditionally, therapists do not work in the auditory system, despite knowing that auditory processing (and sensory processing) are the starting point for more advanced skills such as language, learning, memory, social skills, motor coordination, emotional regulation, etc.

How long does it last?

The Tomatis protocol consists of 3 phases of intervention, each phase consists of 13 days of listening sessions, with breaks of 6 weeks between each phase.

Tomatis Protocol:

1st Phase: 13 days. 1-hour to 2-hour sessions depends on the person. Break: 6 weeks.

2nd Phase: 13 days. 1-hour to 2-hour sessions depends on the person. Break: 6 weeks.

Re-designing brains, improving life
www.tomatisorlando.com



Tomatis Method Orlando

3th Phase: 13 days. 1-hour to 2-hour sessions depends on the person. Break: 6 weeks.

How does this work?

These phases are related to the three different frequencies that are worked on:

- ✦ **Low frequencies:** To improve the brain areas that process sensory information and motor coordination. It is the basis of all the higher neurological processes.
- ✦ **Medium frequencies:** Directly related to brain areas that process language, comprehension, emotional regulation, and reading.
- ✦ **High Frequencies:** Directed to brain areas that process attention, memory, learning, social skills, anxiety and depression.

All the frequencies are covered in Mozart's music, in such a way that listening is pleasant for the brain.

In addition to this, I designed a multisensory stimulation plan (touch, muscles, and joints) to accompany the auditory stimulation and thus push the brain as a whole to a higher level of neurological maturation. The sensory plan is applied by parents at home, only 15 minutes before sleep. In this way, our goal is not only the auditory processing for the language, but it is also coordination, learning, memory, attention, social interaction, emotional regulation and all the other skills that in the future are going to be derived from these.

Where?

Sessions may be made according to your convenience: in the office or home-based. The device is easy to use.





Tomatis Method Orlando

Costs:

Assessment session:

Is the first day of protocol to consider the best program for the person.

In office:

The payment can be agreed at your convenience. This cost is calculated in base-hour listening therapy session: \$35-45 each hour of listening therapy.

Home-Based:

Cycle 2-hours session: \$850 26 hours per phase.

Very low cost in in comparison with the rate in other states (other states as California o New York starts in \$80 per hour).

I am available for any question.

I hope that I can help you.

Adriana Ramirez Tomatis Consultor
Occupational Therapist.
Infant Toddler Development Soecialist
Autism Navigator Consultant.

